

December Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams Waffle
8	9	10	11	12
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle
15	16	17	18	19
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams French Toast Sticks	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Strawberry Yogurt Parfait w/ Cinnamon Granola Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes
Breakfast Includes: Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Featured Fruit: Tangerine (1/2 C),Apple (1/2 C),100% Fruit Juice 4 oz,Apple Slices (1/2 C),Orange (1/2 C),Banana (1/2 C),Applesauce Cup (1/2 C),Pear (1/2 C),Raisins (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards		

December Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries 'P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn	Penne & Meat Sauce Chicken Tamale w/ Seasoned Mixed Veg Cheese Pizza Kit	Bean & Cheese Burrito w/ Roasted Fava Beans Southwest Chicken Salad w/ WG Dinner Roll Queso Blanco Turkey Bowl w/ Rice & Pinto Beans HIGH SCHOOL ONLY Dominos Pepperoni Pizza Slice Dominos Cheese Pizza Slice	Chicken Teriyaki w/ Not So Fried Rice, Diced Carrot, & Pretzels Bean & Cheese Pupusa w/ Curtido Salad Asian Chicken Salad w/ WG Crispy Noodles & Honey Grahams	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich MIDDLE SCHOOL ONLY Dominos Pepperoni Pizza Slice Dominos Cheese Pizza Slice
8	9	10	11	12
Crispy Chicken Sandwich w/ Oven Baked Fries Chicken Bites w/ Mashed Potatoes & Pretzels 'P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg Italian Turkey Trio on Hoagie w/ Baby Carrots	Turkey Nachos w/ Refried Beans & Tortilla Chips Cheese Tamale w/ Black Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Mac & Cheese w/ Diced Carrots & Dinner Roll Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich
15	16	17	18	19
Hot Dog w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries 'P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce Cheese Pizza Kit	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Parm Pizza Bites w/ Marinara Dipping Sauce Mac & Cheese w/ Diced Carrots & Dinner Roll Chicken Caesar Salad with Dinner Roll & Croutons	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich
Lunch Includes: Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Veg of the Day: Monday:Baby Carrots (1/2 C) Tuesday:Baby Carrots (1/2 C) Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/2 C) w/ Tajin,Fava Beans & Carrots (1 C) Thursday:Celery Sticks (1/2 C),Baby Carrots (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch & Roll (1 C)	Featured Fruit: 100% Fruit Juice 4 oz,Apple (1/2 C),Tangerine (1/2 C),Grapes (1/2 C),Pear (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C)	RevUp Rewards: Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

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SOCAL Lunch NSLP 9-12