

February Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
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2	3	4	5	6
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Vanilla Concha	Bagel w/ Cream Cheese	Cinnamon Roll	Blueberry Muffin	Strawberry Yogurt Parfait w/ Cinnamon Granola
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9	10	11	12	13
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Cinnamon Crumble	Mantecada Muffin	Conchita w/ String Cheese	Yogurt w/ Honey Grahams	Chocolate Chip Muffin Top
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16	17	18	19	20
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	Bagel w/ Cream Cheese	Cinnamon Roll	Blueberry Muffin	Strawberry Yogurt Parfait w/ Cinnamon Granola
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23	24	25	26	27
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Cinnamon Crumble	Mantecada Muffin	Conchita w/ String Cheese	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams	Chocolate Chip Muffin Top
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Breakfast Includes:

Choice of 1% Low Fat White or Fat Free White Milk
Fruit of the Day
Vegetarian
*Cereal Served w/ Honey Grahams
*All Grains Are Whole Grain Rich

Featured Fruit:

Blood Orange (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C)

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February Lunch



Monday

2

Hot Dog w/ Oven Baked Fries
Mantecada Muffin w/ Yogurt & String
Cheese & Tajin Corn

Tuesday

3

Beef & Cheese Taco Stick w/ Baby
Carrots
Italian Turkey Trio on Hoagie w/ Baby
Carrots

Wednesday

4

Parm Pizza Bites w/ Marinara Dipping
Sauce

Thursday

5

Cheese Tamale w/ Black Beans
Chicken Salad & Cheese Cracker Kit
w/ Roasted Fava Beans

Friday

6

Pepperoni Pizza
Cheese Pizza
Turkey & Cheese Sub Sandwich

9

Cheeseburger w/ Oven Baked Fries
Soy Veggie Burger w/ Potato Wedges
Wowbutter & Jelly Sandwich w/ Tajin
Corn

10

Firecracker Chicken Dumplings & Not
So Fried Rice w/ Edamame & Peas
Cheese Pizza Kit

11

BBQ Chicken w/ Baked Beans &
Dinner Roll
Grilled Cheese Sandwich w/ Roasted
Fava Beans

12

Grilled Cheese Sandwich w/ Baby
Carrots
Penne & Meat Sauce

13

Beef & Cheese Taco Stick
Turkey & Cheese Sub Sandwich

16

17

18

19

20

Mac & Cheese w/ Mixed Vegetables
Turkey & Cheese Sub Sandwich w/
Baby Carrots

Cheese Lasagna w/ Marinara
Cheese Pizza Kit

Turkey Nachos w/ Refried Beans &
Tortilla Chips
Grilled Cheese Sandwich w/ Roasted
Fava Beans

Pepperoni Pizza
Cheese Pizza
'P'B&J Sandwich Kit (Seedbutter) w/
String Cheese

23

24

25

26

27

Cheeseburger w/ Oven Baked Fries
Mantecada Muffin w/ Yogurt & String
Cheese & Tajin Corn

Bean & Cheese Pupusa w/ Curtido
Salad
Italian Turkey Trio on Hoagie w/ Baby
Carrots

Parm Pizza Bites w/ Marinara Dipping
Sauce

Cheese Tamale w/ Black Beans
Chicken Salad & Cheese Cracker Kit
w/ Roasted Fava Beans

Pepperoni Pizza
Cheese Pizza
Turkey & Cheese Sub Sandwich

Lunch Includes:

Veg of the Day:

Featured Fruit:

RevUp Rewards:

Choice of 1% Low Fat White or Fat Free
White Milk or Fat Free Chocolate Milk or
Fat Free Strawberry Milk
Fruit & Vegetable of the Day
Vegetarian
*May include an extra 1/2 cup veg for
compliance
*All Grains Are Whole Grain Rich

Monday:Baby Carrots (1/4 C)
Tuesday:Baby Carrots (1/4 C)
Wednesday:Cucumber Slices (1/4
C) w/ Tajin,Baby Carrots (1/2 C)
Thursday:Baby Carrots (1/2
C),Celery Sticks (1/4 C)
Friday:Side Salad - Lettuce, Carrot,
Tomato w/Ranch (0.75 C)

100% Fruit Juice 4
oz, Banana (1/2 C),Apple
(1/2 C),Tangerine (1/2 C)

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